

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Luke TOBIN

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:11:44

750M SWIM SPLIT

00:33:08

20KM BIKE SPLIT

00:18:16

5KM RUN SPLIT

01:08:27

OVERALL TIME

25-29

CATEGORY

2

CATEGORY PLACING

22

OVERALL PLACING