

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Sile CROWE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:11:53

750M SWIM SPLIT

00:37:05

20KM BIKE SPLIT

00:22:30

5KM RUN SPLIT

01:16:14

OVERALL TIME

50-54

CATEGORY

1

CATEGORY PLACING

99

OVERALL PLACING