

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Louise FYSON

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:15:11

750M SWIM SPLIT

00:42:04

20KM BIKE SPLIT

00:26:52

5KM RUN SPLIT

01:29:08

OVERALL TIME

35-39

CATEGORY

9

CATEGORY PLACING

337

OVERALL PLACING