

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Sascha GASSMANN

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:11:49

750M SWIM SPLIT

00:40:36

20KM BIKE SPLIT

00:23:18

5KM RUN SPLIT

01:20:21

OVERALL TIME

20-24

CATEGORY

5

CATEGORY PLACING

150

OVERALL PLACING