

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Melissa HALEY

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:19:40

750M SWIM SPLIT

00:43:52

20KM BIKE SPLIT

00:33:05

5KM RUN SPLIT

01:42:35

OVERALL TIME

35-39

CATEGORY

19

CATEGORY PLACING

539

OVERALL PLACING