

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Natalie HODGE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:14:09

750M SWIM SPLIT

00:42:07

20KM BIKE SPLIT

00:25:59

5KM RUN SPLIT

01:28:31

OVERALL TIME

35-39

CATEGORY

8

CATEGORY PLACING

322

OVERALL PLACING