

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Angela HOPE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:14:33

750M SWIM SPLIT

00:40:58

20KM BIKE SPLIT

00:30:32

5KM RUN SPLIT

01:32:02

OVERALL TIME

50-54

CATEGORY

6

CATEGORY PLACING

397

OVERALL PLACING