

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Sorcha JOYCE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:19:07

750M SWIM SPLIT

00:41:51

20KM BIKE SPLIT

00:22:29

5KM RUN SPLIT

01:30:24

OVERALL TIME

35-39

CATEGORY

10

CATEGORY PLACING

364

OVERALL PLACING