

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Rhian LACEY

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:16:24

750M SWIM SPLIT

00:46:59

20KM BIKE SPLIT

00:27:40

5KM RUN SPLIT

01:38:55

OVERALL TIME

50-54

CATEGORY

8

CATEGORY PLACING

503

OVERALL PLACING