

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Theresa LARKIN

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:16:45

750M SWIM SPLIT

00:52:26

20KM BIKE SPLIT

00:27:43

5KM RUN SPLIT

01:44:55

OVERALL TIME

45-49

CATEGORY

8

CATEGORY PLACING

553

OVERALL PLACING