

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Elisa LU

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:13:34

750M SWIM SPLIT

00:44:22

20KM BIKE SPLIT

00:21:19

5KM RUN SPLIT

01:24:16

OVERALL TIME

25-29

CATEGORY

9

CATEGORY PLACING

228

OVERALL PLACING