

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Ashleigh MCCORMICK

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:17:26

750M SWIM SPLIT

00:49:26

20KM BIKE SPLIT

00:31:36

5KM RUN SPLIT

01:45:34

OVERALL TIME

35-39

CATEGORY

23

CATEGORY PLACING

558

OVERALL PLACING