

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Carly PELHAM

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:16:48

750M SWIM SPLIT

00:30:56

20KM BIKE SPLIT

00:31:38

5KM RUN SPLIT

01:27:21

OVERALL TIME

35-39

CATEGORY

CATEGORY PLACING

OVERALL PLACING