

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Annette SAMPSON

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:14:11

750M SWIM SPLIT

00:39:01

20KM BIKE SPLIT

00:24:06

5KM RUN SPLIT

01:23:00

OVERALL TIME

55-59

CATEGORY

1

CATEGORY PLACING

194

OVERALL PLACING