

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Alexandra TYLER

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:16:09

750M SWIM SPLIT

00:45:21

20KM BIKE SPLIT

00:31:42

5KM RUN SPLIT

01:38:57

OVERALL TIME

35-39

CATEGORY

17

CATEGORY PLACING

504

OVERALL PLACING