

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Sharon WALTERS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:15:15

750M SWIM SPLIT

00:41:49

20KM BIKE SPLIT

00:28:02

5KM RUN SPLIT

01:31:24

OVERALL TIME

50-54

CATEGORY

4

CATEGORY PLACING

380

OVERALL PLACING