

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Sha ZHU

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:18:18

750M SWIM SPLIT

00:44:25

20KM BIKE SPLIT

00:28:23

5KM RUN SPLIT

01:36:50

OVERALL TIME

50-54

CATEGORY

7

CATEGORY PLACING

476

OVERALL PLACING