

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM Balmain Bugs

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:12:48

750M SWIM SPLIT

00:48:45

20KM BIKE SPLIT

00:25:29

5KM RUN SPLIT

01:31:11

OVERALL TIME

Relay

CATEGORY

5

CATEGORY PLACING

13

OVERALL PLACING