

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM Team Hillard

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:12:51

750M SWIM SPLIT

00:34:05

20KM BIKE SPLIT

00:26:53

5KM RUN SPLIT

01:17:06

OVERALL TIME

Relay

CATEGORY

2

CATEGORY PLACING

3

OVERALL PLACING