

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Lachlan ARENTZ

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:03:36

200M SWIM SPLIT

00:14:07

10KM BIKE SPLIT

00:07:42

2KM RUN SPLIT

00:29:19

OVERALL TIME

12-13

CATEGORY

3

CATEGORY PLACING

3

OVERALL PLACING