

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

David BAKER

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:06:02

200M SWIM SPLIT

00:18:43

10KM BIKE SPLIT

00:14:52

2KM RUN SPLIT

00:49:23

OVERALL TIME

50-59

CATEGORY

8

CATEGORY PLACING

220

OVERALL PLACING