

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Beth BOLAND

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:06:33

200M SWIM SPLIT

00:21:31

10KM BIKE SPLIT

00:14:49

2KM RUN SPLIT

00:49:56

OVERALL TIME

40-49

CATEGORY

19

CATEGORY PLACING

222

OVERALL PLACING