

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Sally BROOKER

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:03:20

200M SWIM SPLIT

00:19:42

10KM BIKE SPLIT

00:17:35

2KM RUN SPLIT

00:48:28

OVERALL TIME

Athena

CATEGORY

3

CATEGORY PLACING

216

OVERALL PLACING