

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Joshua CABBAN

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:09

200M SWIM SPLIT

00:14:36

10KM BIKE SPLIT

00:08:54

2KM RUN SPLIT

00:31:45

OVERALL TIME

30-39

CATEGORY

2

CATEGORY PLACING

9

OVERALL PLACING