

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Alison DI SANTO

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:06:22

200M SWIM SPLIT

00:16:47

10KM BIKE SPLIT

00:11:56

2KM RUN SPLIT

00:41:12

OVERALL TIME

40-49

CATEGORY

11

CATEGORY PLACING

130

OVERALL PLACING