

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Alec FLEMING

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:27

200M SWIM SPLIT

00:16:28

10KM BIKE SPLIT

00:13:14

2KM RUN SPLIT

00:41:36

OVERALL TIME

30-39

CATEGORY

14

CATEGORY PLACING

141

OVERALL PLACING