

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Clare GILDERSLEEVE

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:56

200M SWIM SPLIT

00:18:20

10KM BIKE SPLIT

00:12:40

2KM RUN SPLIT

00:44:54

OVERALL TIME

20-29

CATEGORY

31

CATEGORY PLACING

193

OVERALL PLACING