

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Beth GRANGER

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:05:38

200M SWIM SPLIT

00:16:45

10KM BIKE SPLIT

00:11:45

2KM RUN SPLIT

00:40:37

OVERALL TIME

30-39

CATEGORY

13

CATEGORY PLACING

114

OVERALL PLACING