

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Laura GREEN

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:10

200M SWIM SPLIT

00:19:49

10KM BIKE SPLIT

00:12:17

2KM RUN SPLIT

00:42:22

OVERALL TIME

30-39

CATEGORY

23

CATEGORY PLACING

154

OVERALL PLACING