

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Glen HEWKINS

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:03:57

200M SWIM SPLIT

00:13:11

10KM BIKE SPLIT

00:10:24

2KM RUN SPLIT

00:31:26

OVERALL TIME

40-49

CATEGORY

1

CATEGORY PLACING

8

OVERALL PLACING