

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Amee KILPATRICK

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:05:51

200M SWIM SPLIT

00:18:04

10KM BIKE SPLIT

00:11:34

2KM RUN SPLIT

00:41:35

OVERALL TIME

30-39

CATEGORY

21

CATEGORY PLACING

140

OVERALL PLACING