

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Jonny MACKRILL

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

200M SWIM SPLIT

10KM BIKE SPLIT

2KM RUN SPLIT

OVERALL TIME

40-49

CATEGORY

CATEGORY PLACING

OVERALL PLACING