

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Margaret MCMANUS

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:05:11

200M SWIM SPLIT

00:16:15

10KM BIKE SPLIT

00:12:59

2KM RUN SPLIT

00:40:33

OVERALL TIME

40-49

CATEGORY

7

CATEGORY PLACING

112

OVERALL PLACING