

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Harry NICHOLSON

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:03:53

200M SWIM SPLIT

00:14:00

10KM BIKE SPLIT

00:08:28

2KM RUN SPLIT

00:30:42

OVERALL TIME

20-29

CATEGORY

1

CATEGORY PLACING

6

OVERALL PLACING