

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Darren OSLAND

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:17

200M SWIM SPLIT

00:21:02

10KM BIKE SPLIT

00:13:06

2KM RUN SPLIT

00:46:14

OVERALL TIME

40-49

CATEGORY

12

CATEGORY PLACING

201

OVERALL PLACING