

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Louise PEARSON

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:06:46

200M SWIM SPLIT

00:20:58

10KM BIKE SPLIT

00:14:40

2KM RUN SPLIT

00:49:04

OVERALL TIME

30-39

CATEGORY

36

CATEGORY PLACING

219

OVERALL PLACING