

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Johanna ROWCLIFFE

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:44

200M SWIM SPLIT

00:16:44

10KM BIKE SPLIT

00:09:43

2KM RUN SPLIT

00:36:57

OVERALL TIME

20-29

CATEGORY

5

CATEGORY PLACING

60

OVERALL PLACING