

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Angie SCHIPANO

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:05:24

200M SWIM SPLIT

00:18:45

10KM BIKE SPLIT

00:12:00

2KM RUN SPLIT

00:42:18

OVERALL TIME

50-59

CATEGORY

7

CATEGORY PLACING

149

OVERALL PLACING