

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Benjamin SETON

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:51

200M SWIM SPLIT

00:16:27

10KM BIKE SPLIT

00:13:19

2KM RUN SPLIT

00:42:19

OVERALL TIME

30-39

CATEGORY

15

CATEGORY PLACING

153

OVERALL PLACING