

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Aidan SMYTH

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:18

200M SWIM SPLIT

00:19:56

10KM BIKE SPLIT

00:11:52

2KM RUN SPLIT

00:44:10

OVERALL TIME

20-29

CATEGORY

25

CATEGORY PLACING

183

OVERALL PLACING