

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Douglas STEAD

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:06:11

200M SWIM SPLIT

00:19:10

10KM BIKE SPLIT

00:10:45

2KM RUN SPLIT

00:43:07

OVERALL TIME

50-59

CATEGORY

5

CATEGORY PLACING

167

OVERALL PLACING