

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Tina TASESKA

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:03:59

200M SWIM SPLIT

00:15:31

10KM BIKE SPLIT

00:10:05

2KM RUN SPLIT

00:35:07

OVERALL TIME

20-29

CATEGORY

3

CATEGORY PLACING

43

OVERALL PLACING