

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Sarah THOMPSON

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:06:15

200M SWIM SPLIT

00:25:36

10KM BIKE SPLIT

00:13:39

2KM RUN SPLIT

00:54:13

OVERALL TIME

40-49

CATEGORY

20

CATEGORY PLACING

235

OVERALL PLACING