

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Kate TRALAGGAN

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:48

200M SWIM SPLIT

00:17:55

10KM BIKE SPLIT

00:12:37

2KM RUN SPLIT

00:42:18

OVERALL TIME

30-39

CATEGORY

22

CATEGORY PLACING

150

OVERALL PLACING