

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Fred BIRLEY

FOR COMPLETING THE TRY A TRI DISTANCE TRIATHLON
As part of the Wollongong Triathlon Festival 23rd April 2023

200M SWIM SPLIT

10KM BIKE SPLIT

2KM RUN SPLIT

OVERALL TIME

30-39

CATEGORY

CATEGORY PLACING

OVERALL PLACING