

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Tadhg FISHER

FOR COMPLETING THE TRY A TRI DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:04:44

200M SWIM SPLIT

00:15:44

10KM BIKE SPLIT

00:26:50

2KM RUN SPLIT

00:52:30

OVERALL TIME

20-29

CATEGORY

7

CATEGORY PLACING

33

OVERALL PLACING