

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

James HANDSAKER

FOR COMPLETING THE TRY A TRI DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:20

200M SWIM SPLIT

00:17:31

10KM BIKE SPLIT

00:11:07

2KM RUN SPLIT

00:40:05

OVERALL TIME

20-29

CATEGORY

5

CATEGORY PLACING

12

OVERALL PLACING