

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Matilda RODROM

FOR COMPLETING THE TRY A TRI DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:05:00

200M SWIM SPLIT

00:20:32

10KM BIKE SPLIT

00:10:54

2KM RUN SPLIT

00:42:03

OVERALL TIME

30-39

CATEGORY

2

CATEGORY PLACING

17

OVERALL PLACING