

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Phillip RYAN

FOR COMPLETING THE TRY A TRI DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:04:49

200M SWIM SPLIT

00:15:35

10KM BIKE SPLIT

00:09:17

2KM RUN SPLIT

00:34:35

OVERALL TIME

20-29

CATEGORY

2

CATEGORY PLACING

4

OVERALL PLACING