



Multisport
World Championships

TOWNSVILLE
2024

Cross Duathlon

22 AUGUST 2024

RACE THE REEF

Queensland, Australia

FINISHER

Sam COOKE

RUN SPLIT 00:27:58 CYCLE SPLIT 01:03:53 RUN SPLIT 00:16:51 OVERALL TIME 01:50:24

CATEGORY 55-59 CATEGORY PLACING 3 OVERALL PLACING 27